



Bella Lanka tours

Spiritual and Wellness Tour

Day 1: Arrival and Check-in at Luxury Wellness Retreat

- **Accommodation:** Luxury wellness retreat.
- **Activities:** Private consultation with an Ayurvedic doctor and personalized wellness plan.
- **Dining:** Customized wellness meals.

Day 2: Private Yoga and Meditation

- **Accommodation:** Luxury retreat.
- **Activities:** Private yoga and meditation sessions in a serene environment.
- **Dining:** Gourmet wellness meals at the retreat.

Day 3: Exclusive Ayurvedic Treatments

- **Accommodation:** Luxury retreat.
- **Activities:** Full-day personalized Ayurveda treatments, including massages and therapies.
- **Dining:** Healthy, organic meals.

Day 4: Nature Walk and Relaxation

- **Accommodation:** Boutique hotel.
- **Activities:** Private guided nature walk and relaxation at the retreat's spa.
- **Dining:** Private dinner under the stars.

Day 5: Private Yoga and Spa Day

- **Accommodation:** Luxury wellness retreat.
- **Activities:** Private yoga sessions followed by luxury spa treatments.
- **Dining:** Customized wellness meals.

Day 6: Wellness and Cultural Exploration

- **Accommodation:** Luxury boutique hotel.
- **Activities:** Visit nearby temples for spiritual exploration, guided by a private wellness expert.
- **Dining:** Private gourmet dinner.

Day 7: Departure

- **Transport:** Private vehicle for return transfer.

Contact us on :+94 77 832 4022

- **Activities:** Morning meditation and farewell wellness session.
- **Dining:** Lunch at the retreat.